



First Aid Kit Checklist



- Two absorbent compress dressings
- Twenty-five adhesive bandages
- One adhesive cloth tape
- Five antibiotic ointment packets
- Five antiseptic wipe packets
- Two aspirin packets
- One emergency blanket
- One breathing barrier
- One instant cold compress
- Two pairs of non-latex gloves



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- Two hydrocortisone ointment packets
- One 3-inch gauze roll (roller) bandage
- One 4-inch wide roller bandage
- Five 3 x 3 inch sterile gauze pads
- Five 4 x 4 inch sterile gauze pads
- Two triangular bandages
- Tweezers
- Emergency First Aid instructions
- Oral thermometer (non-mercury, non-glass)



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